

Agenda No. 1.02 in AC

Date: 07/07/2021



University of Mumbai



**Vidya Prasarak Mandal's**  
**K.G. Joshi College of Arts and N.G. Bedekar College of**  
**Commerce**  
**(Autonomous)**  
**(Affiliated to University of Mumbai)**

**Programme: B.A.**  
**Specific Programme: Psychology (JBCUAPSY)**  
**Syllabus for FYBA (Psychology)**

**Year of Establishment: 1969**

**Year of Upgrading: 2021-2022**

**ESTD. 1969**

## Specific Programme: Psychology (JBCUAPSY)

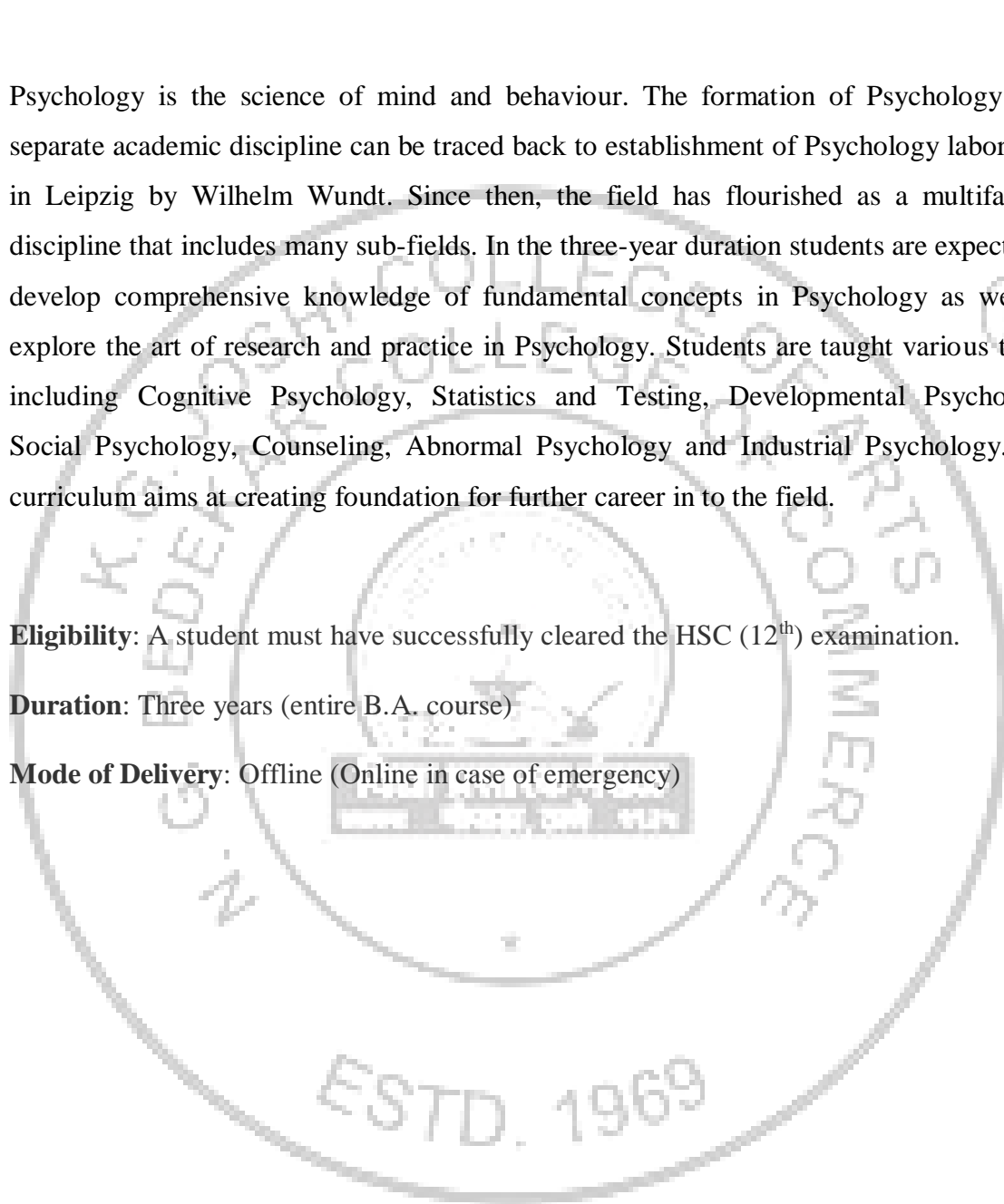
### PREAMBLE

Psychology is the science of mind and behaviour. The formation of Psychology as a separate academic discipline can be traced back to establishment of Psychology laboratory in Leipzig by Wilhelm Wundt. Since then, the field has flourished as a multifaceted discipline that includes many sub-fields. In the three-year duration students are expected to develop comprehensive knowledge of fundamental concepts in Psychology as well as explore the art of research and practice in Psychology. Students are taught various topics including Cognitive Psychology, Statistics and Testing, Developmental Psychology, Social Psychology, Counseling, Abnormal Psychology and Industrial Psychology. The curriculum aims at creating foundation for further career in to the field.

**Eligibility:** A student must have successfully cleared the HSC (12<sup>th</sup>) examination.

**Duration:** Three years (entire B.A. course)

**Mode of Delivery:** Offline (Online in case of emergency)



## Credit Based Semester and Grading System

with effect from the academic year 2021-2022

### (Credit Based Semester and Grading System with effect from the academic year 2021–2022)

#### Programmes-Outcomes: BA

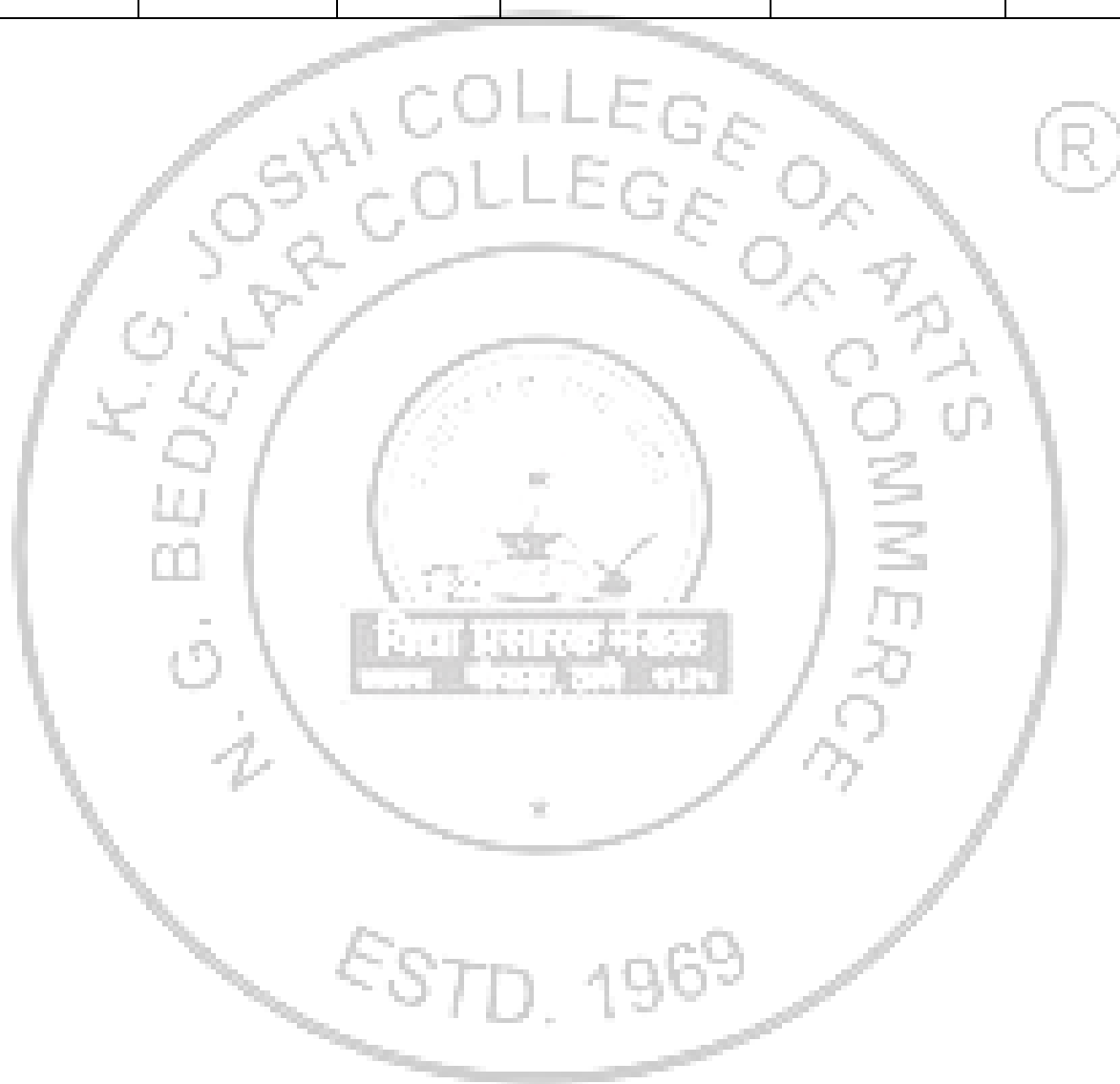
PO	PO Description
PO1	To make the learners aware about landmark historical events, political systems, geographical and social aspects of Regional, National and International level
PO2	To impart linguistic skills and proficiency to the learners about the literature-ancient, Regional, National and International level
PO3	To sensitize students towards social climate and culture
PO4	To equip the learners with the skills of citizenship
PO5	To make the learners aware about Philosophical thoughts - Indian and Western

#### Programme Specific Outcomes: Psychology (JBCUAPSY)

PSO	PSO Description
PSO1	To impart knowledge of the basic concepts and modern trends in Psychology.
PSO2	To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology.
PSO3	To make the students aware of the applications of Psychological concepts in different areas of day to day life
PSO4	To develop, within students, an attitude to view a concept from different perspectives.
PSO5	To raise awareness about mental health and equip students to reduce the stigma related to the same that prevails within the society

## DISTRIBUTION OF TOPICS AND CREDITS

Course	Course Name	Semester	Course Nomenclature	Course Code	Credits
1	Psychology	I	Fundamentals of psychology: Part I	JBCUAPSY101	3
		II	Fundamentals of psychology: Part II	JBCUAPSY201	3



# **COURSE OUTCOMES**

## **Semester I**

**Course Nomenclature: Fundamentals of psychology: Part I**

**Course Code: JBCUAPSY101**

1. To acquaint students with the history as well as the current trends of Psychology, scientific research, ethics and applications of the field.
2. To develop in students a biological perspective for understanding psychological functioning
3. To emphasize on the contribution of the learning process and related theories like classical and operant conditioning, social learning theory etc.
4. To study different models and types of memory.

## **Semester II**

**Course Nomenclature: Fundamentals of psychology: Part II**

**Course Code: JBCUAPSY201**

1. To impart knowledge about the cognitive aspects of psychology like thinking, intelligence and language
2. To familiarize students with different approaches and models of motivation and emotion and their application in everyday life
3. To understand various viewpoints and theories given by different experts that explain personality
4. To emphasize on the contribution of statistics in research and to equip students with basic statistical techniques

The Syllabus approved by the Board of Studies, Academic Council and Governing Body is as follows –

## Paper I: Psychology

### Semester I

#### Course Nomenclature: Fundamentals of psychology: Part I

Course Code: JBCUAPSY101

#### Module 1: The science of psychology [15 lectures]

- a. The history of Psychology.
- b. The Fields of Psychology Today.
- c. Scientific research.
- d. Ethics of Psychological Research.
- e. The concept of mind in Indian Culture
- f. Applying Psychology to Everyday life.

#### Module 2: The Biological Perspective [15 lectures]

- a. Neurons and Nerves: Building the Network.
- b. An overview of the Nervous System.
- c. Distant connections: The Endocrine Glands.
- d. Looking inside the Living Brain.
- e. From the Bottom up: The structures of the Brain.
- f. Classic studies in Psychology.
- g. Applying Psychology to Everyday life.

#### Module 3: Learning [15 lectures]

- a. Definition of Learning.
- b. Classical conditioning and Operant conditioning
- c. Cognitive learning Theory.
- d. Observational Learning.

#### Module 4: Memory [15 lectures]

- a. What is memory?
- b. The Information Processing Model: Three Memory Systems.
- c. Retrieval of Long-term Memories.
- d. Forgetting.
- e. Neuroscience of memory.
- f. Applying Psychology to Everyday life

## REFERENCES

### Book for study

1. Ciccarelli, S.K., White, J.N., & Mishra, G. (2018). Psychology. 5<sup>th</sup> Edition; Indian Adaptation. Pearson India Education Services Pvt. Ltd.

### Additional Books for Reference

1. Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2<sup>nd</sup> ed.). Pearson Education Inc, Allyn and Bacon
2. Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) Pvt. Ltd.
3. Ciccarelli, S.K., & White, J.N. (2017). Psychology. 4<sup>th</sup> ed. New Jersey: Pearson Education
4. Feist, G.J., & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publication
5. Feldman, R.S. (2013). Psychology and your life. 2<sup>nd</sup> ed. New York: McGraw Hill publications
6. Feldman, R.S. (2013). Understanding Psychology. 11<sup>th</sup> ed. New York: McGraw Hill publications
7. King, L.A. (2013). Experience Psychology. 2<sup>nd</sup> ed. New York: McGraw Hill publications
8. Lahey, B. B. (2012). Psychology: An Introduction. 11<sup>th</sup> ed. New York: McGraw-Hill Publications
9. Myers, D.G. (2013). Psychology. 10<sup>th</sup> edition; International edition. New York: Worth Palgrave Macmillan, Indian reprint 2013
10. Schachter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). Psychology. New York: Worth Publishers.
11. Wade, C. & Tavris, C. (2006). Psychology. (8<sup>th</sup> ed.). Pearson Education Inc., Indian reprint by Dorling Kindersley, New Delhi

# Paper I: Psychology

## Semester II

### Course Nomenclature: Fundamentals of psychology: Part II

#### Course Code: JBCUAPSY201

#### Module 1: Cognition: Thinking, Intelligence and Language [15 lectures]

- a. How People think?
- b. Intelligence.
- c. Intellectual Disabilities, Autism and other Childhood Disorders
- d. Language
- e. Applying Psychology to Everyday life.

#### Module 2: Motivation and Emotion [15 lectures]

- a. Approaches to understanding motivation.
- b. What, Hungry again? Why People Eat.
- c. Emotion.
- d. Culture and Emotions.
- e. Applying Psychology to Everyday life.

#### Module 3: Theories of personality [15 lectures]

- a. Psychodynamic Perspective.
- b. Psychoanalysis in the East.
- c. The Behavioural and Social Cognitive View of Personality.
- d. The Third Force: Humanism and Personality.
- e. Trait Theories: Who are you?
- f. Modern Trait Theories : The Big Five and current thoughts on the trait Perspective.
- g. Personality: Genetics and Culture.
- h. Assessment of Personality.
- i. Applying Psychology to Everyday life.

#### Module 4: Statistics in Psychology [15 lectures]

- a. Research in psychology: an introduction
- b. What are Statistics?
- c. Descriptive Statistics.
- d. Inferential Statistics.



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### Book for study

2. Ciccarelli, S.K., White, J.N., & Mishra, G. (2018). Psychology. 5<sup>th</sup> Edition; Indian Adaptation. Pearson India Education Services Pvt. Ltd.

### Additional Books for Reference

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13. Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) Pvt. Ltd.
14. Ciccarelli, S.K., & White, J.N. (2017). Psychology. 4<sup>th</sup> ed. New Jersey: Pearson Education
15. Feist, G.J., & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publication
16. Feldman, R.S. (2013). Psychology and your life. 2<sup>nd</sup> ed. New York: McGraw Hill publications
17. Feldman, R.S. (2013). Understanding Psychology. 11<sup>th</sup> ed. New York: McGraw Hill publications
18. King, L.A. (2013). Experience Psychology. 2<sup>nd</sup> ed. New York: McGraw Hill publications
19. Lahey, B. B. (2012). Psychology: An Introduction. 11<sup>th</sup> ed. New York: McGraw-Hill Publications
20. Myers, D.G. (2013). Psychology. 10<sup>th</sup> edition; International edition. New York: Worth Palgrave Macmillan, Indian reprint 2013
21. Schachter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). Psychology. New York: Worth Publishers.
22. Wade, C. & Tavris, C. (2006). Psychology. (8<sup>th</sup> ed.). Pearson Education Inc., Indian reprint by Dorling Kindersley, New Delhi

## Modality of Assessment

### A. Internal Assessment: 40% - 40 Marks

Sr. No.	Evaluation Type	Marks
1	Written Test	20
2	Assignment / Project	15
3	Class Participation	05
	<b>Total</b>	<b>40</b>

### B. External Assessment: 60% - 60 Marks

Semester End Theory Examination

Time: 2 Hours

NB. 1. All questions are compulsory.

2. Each question has internal options.

3. Figures to the right indicate marks.

- |                                    |    |
|------------------------------------|----|
| 1. Full length question (Module 1) | 15 |
| OR                                 |    |
| a. Short question (Module 1)       | 8  |
| b. Short question (Module 1)       | 7  |
| 2. Full length question (Module 2) | 15 |
| OR                                 |    |
| a. Short question (Module 2)       | 8  |
| b. Short question (Module 2)       | 7  |
| 3. Full length question (Module 3) | 15 |
| OR                                 |    |
| a. Short question (Module 3)       | 8  |
| b. Short question (Module 3)       | 7  |
| 4. Full length question (Module 4) | 15 |
| OR                                 |    |
| a. Short question (Module 4)       | 8  |
| b. Short question (Module 4)       | 7  |